

# Library

## Burlington

Burlington Community Library will offer a six-week Toddler Story Time on Thursdays, from 10-10:30 a.m. Dates for the story times are Nov. 6-20 and Dec. 4-18. Each week will have a special theme. Thanksgiving and Christmas will also be highlighted. Children will enjoy stories, music and art projects. Contact Karen at 765-566-3166 with any questions.

## Flora-Monroe Twp.

The book discussion group's November selection is, "The Girls' Guide to Hunting and Fishing," by Melissa Bank. Hailed by critics as the debut of a major literary voice, the book has captivated readers and dominated bestseller lists. It maps the progress of Jane Rosenthal as she sets out on a personal and spirited expedition through the perilous terrain of love, relationships, and the treacherous waters of the workplace. The library's book club meets on the third Wednesday of the month at 10 a.m. in the Flora Senior Center building. Everyone is welcome. There are extra copies of the book available to check out before the meeting. The next meeting will be Nov. 19.

It can be difficult for persons with limited mobility to get to the library when the weather gets colder. Library Direct is a service offered by the library to assist individuals in the Flora library district who are homebound including the elderly, handicapped and those temporarily incapacitated by long-term illness or injury.

Let us help you bring the library to your loved ones, friends, and neighbors. Call for more information at 967-3912 or email,

floralib@flora.lib.in.us.

The theme for the next story-time will be Cowboys and Indians. The wild, wild, west will be at storytime today. Mosey up your cattle, saddle up your horse, and bring the younguns in for some good tales! Preschool storytime is Tuesday morning at 10 a.m.

Currently playing on Dial-a-Story is "Punishment: Pandora." Friday the story changes to "The Golden Touch." Call Dial-a-Story at 967-3814.

## Delphi Public

The library will be closed Nov. 11 in observance of Veteran's Day. Hours will resume Nov. 12 at 10 a.m.

Remember a friend, neighbor or family member serving in the military with an ornament for the "Hero Tree" located in the main entrance of the library.

The Faith-Based Book Club will meet at 9 a.m. Nov. 13 to discuss "The Leper" by Sigmond Brower. The story is set in 1853 London three days before Christmas about a returning serviceman who discovers he has leprosy.

**C i n e m a** Night is Nov. 13 at 7 p.m. "The Visitor," starring Richard Jenkins, is a 2007 drama about a college professor, Walter Vale, a recent widower who discovers a pair of homeless, illegal aliens living in his New York apartment. After the mix-up is resolved, Vale invites the couple to stay with him. A friendship develops between the quiet professor and couple. Refreshments and a discussion of the film will follow.

In Stitches Fiber Arts Circle will hold a meeting Nov. 17 at 6:30 p.m.

For information on library programs, call (765) 564-2929.



DCES students learn about voting

# Third-graders stage presidential election

## Comet staff report

There was a buzz in the air Tuesday at Delphi Community Elementary School as students prepared to vote for a president.

Third-grade classes recently finished a section about government. Teachers Susan Kahler, Tana Lehr, Sherri Conner and Jill Routt were given permission by principal Bill Shidler to conduct a mock presidential election for the entire school.

Students were in charge of registering everyone to vote, decorating ballot boxes, counting votes and posting election results on the bulletin board outside room 207.

Lehr's class was in charge of election polls for first, second, and third-grade classes. Kahler's class ran a second voting center located in the science lab for fourth and

fifth-graders.

"Voting is a civic duty and it is important for children to emulate what parents should do," Shidler said. "Children should take part in this historic vote."

Election results were 361 for Democrat Barack Obama and 280 for Republican John McCain.

## 4-H News

## Scholarship Workshop

4-H'ers in grades 10 and above are invited to attend a Scholarship Workshop on Nov. 5 from 7 to 8 p.m. at the 4-H Building. They will learn how to turn lifeskills learned from 4-H projects into scholarship dollars. During the past 13 years, 26 4-H'ers from Carroll County have won a total of \$29,500.



Brian L. Troyer, Financial Services Officer

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## You and Your Pet

**Dear Dr. Wise:** My veterinarian has diagnosed my dog, Scratchy, as having food allergies. I bought him a lamb and rice diet, but it is not helping the situation. Why?

**Answer:** I am turning this question over to my Registered Veterinary Technician who often discusses allergies with my clients: Scratchy is quite likely scratching and biting at his skin. This is one of the most common clinical symptoms of food allergies, but veterinarians often see other signs including recurrent ear infections, vomiting, diarrhea or a combination of each. Scratchy may be allergic to any food, but the most common foods incriminated in food allergy are beef, milk, wheat, soybean, chicken, eggs, and corn. Food allergies are often tricky to deal with but take heart! You can help your pet by working closely with your veterinarian and following his or her advice and directions to the letter! It takes time and patience and a certain level of determination on your part to help your pet.

A dog can be allergic to just one individual food ingredient or a combination of several. The challenge is to find out which ingredient(s) commonly found in pet foods are causing the problems. The ideal method for detection is through a vigorous and strict food trial. How to do this? It is a simple theory, but can be difficult in practice. The dog must be removed from all previously exposed food ingredients from the past and put on a very limited diet with an ingredient list that is totally novel for the dog being tested.

Once a test diet has been selected, it must be fed exclusively to the pet for a period of time prescribed by your veterinarian. This includes treats! The owner may have to be inventive if they want their pet to have treats during this time. We will discuss some of these ideas in next week's Ask Dr. Wise column.

If the dog improves on this novel diet, terrific! If not, you may need to start with another new food. Once improvement has been seen and the dog has had time to detoxify itself from the earlier diets, it is time to introduce different foods to the dog to see if the problems re-occur. Each food ingredient (let's start with egg, for example) should be re-introduced to the dog individually over time. If the owner has been following the novel food program to the letter and the dog shows a reaction when egg is added to the diet, then one can assume that eggs should be avoided in the future.

Once acceptable food ingredients have been determined, the pet owner can use this list to select a pet food for the dog. The owner must be willing to read ingredient labels on the back of the feed bags and cans. Contrary to popular belief, lamb and rice diets are not hypoallergenic. A dog can be allergic to lamb just as it can be allergic to beef or chicken. It is vital that the pet owner read the ingredient labels closely when selecting a pet food for their allergic dog. Many lamb and rice diets have corn, soy, or wheat in the ingredient list.

Pet food manufacturers have developed a number of diets, which can be helpful for dogs suffering from food allergies. Your veterinarian can help you to select from among the exotic and newly "designed" protein sources that are available in pet foods today.

If you have a question, write Dr. Wise, Indiana Veterinary Medical Association, 201 S. Capitol Avenue, Suite 405, Indianapolis, IN, 46225 or www.invma.org.

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