

Announcements

The **DNA LIFEPRINT CHILD SAFETY EVENT** endorsed by John Walsh is coming to Lafayette on Nov. 15. Sponsored by Bob Rohrman Toyota, 701 Sagamore Parkway, Lafayette, the free safety program will begin at 9:30 a.m. and continue until 2 p.m. Parents who bring their children to this free program will receive a free FBI certified Biometric 10-digit fingerprint profile, a free high resolution digital photograph of their child, a free Child Safety Journal, and a free Home DNA Identification Kit. For more information, contact Jason Troxel at (765) 448-1000.

Taxpayers who have not filed their taxes or filed for the Economic Stimulus Payment can call **VOLUNTEER INCOME TAX ASSISTANCE (VITA)** volunteer Kathy Bell at 765-564-9028. She will schedule appointments to help them file their taxpayer tax returns. According to the Internal Revenue Service there are 110 taxpayers who qualify for the Economic Stimulus payment in Carroll County.

DELPHI LIONS CLUB CHRISTMAS PARADE will be Dec. 6 at 1 p.m. with a theme of 'Old Fashion Christmas.' This year's parade marshals are Karen and Dick Bradshaw. Anyone interested in participating with an entry contact parade coordinators Ed and Donna Sholty at (765) 564-3514.

A **CHILI SUPPER** to benefit the Burrows-Liberty Twp. Volunteer Fire Department will be Nov. 8 from 4 to 7 p.m. at the Burrows Fire Department. Free-will donations will be accepted.

MASTER'S VOICE SINGERS, a local home-school choir, will perform a free fall concert Nov. 13 at 7 p.m. in Kampen Lodge at Camp Tecumseh. The public is welcomed.

AREA IV HEAD START has been approved to begin a private-pay partnership in Carroll, Clinton and White counties. Slots are available for Carroll County at Carroll Elementary School, Flora, in the morning and afternoon half-day sessions. Children ages 3 to 5 are eligible. Enrollment is on a first-come, first-served basis. For information, call Debi Debruyne at (765) 659-1100.

A **NEIGHBORHOOD WATCH MEETING** is scheduled for Nov. 13 at 7 p.m. at the Cutler Fire Station. Currently there are only two active Neighborhood Watch groups and sheriff Tony Burns would like to have at least twelve more active in the county. For information, contact Mary Blue at (765) 268-2189.

DELPHI BOARD OF SCHOOL TRUSTEES meeting will be Nov. 20 at 7 p.m. at the Delphi Community School Corporation. Agenda items for the Oct. 13 continuation of 1028 public hearing and the regular board meeting for November will be held.

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Bridge-A-Rama

Bridge-A-Rama high scores for October were Joann Viance and Helen Schilling with 3,810 points and tied with 3,380 points were Jane Smith and Mary Kelly/Rita Wingard and Donnabelle Sieber.

High scores in each group were Betty Jean Sprague and Joyce Sullivan, Sam Watkins and Betty Huffman, Vianco and Schilling, Joan Maxwell and Schilling, Wingard and Sieber, Sprague and Sharon Quinn, Jenny Emerson and Pat Myer, Marion Hathaway and Don Billings and Ed Gruber and Jack Cross.

Proceeds from Bridge-A-Rama support Tri Kappa scholarships.

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Tips for flu prevention

Comet staff report

Dr. Roland Grieb, chair of the Indiana Adult Immunization Coalition (IAIC) says the best way to reduce the effects of influenza is through annual vaccination.

"Influenza vaccines are safe and effective. Although mild side effects are possible, a person cannot get influenza from the vaccine."

Influenza is not the common cold. It's a potentially life-threatening disease that sends over 226,000 people in the U.S. to the hospital each year. Another 36,000 die each year from complications of the disease. This year, 306,736 to 1,226,946 Hoosiers will be susceptible to the flu.

In most seasons, influenza

virus peaks in February or March, so vaccination throughout the entire flu season is beneficial and recommended.

The American Lung Association offers a Flu Clinic Locator at www.flucliniclocator.org, which is the largest online directory of public influenza clinics.

Grieb said, "Influenza symptoms include fever, body aches and pains, chills, sore throat, dry cough, loss of appetite, weakness, and tiredness. The virus is spread mainly from person to person through coughing, sneezing or other hand-to-hand contact. It is possible to become infected by touching an object with the virus on it and

then touching your mouth or nose."

Most people can infect others beginning one day before symptoms develop and for up to five days after becoming sick.

90th birthday



Brower-Smith

Virginia Brower-Smith will celebrate her 90th birthday at an open house Nov. 8 from 2 to 4 p.m. at the Flora Presbyterian Church.

The open house is being hosted by her family. Cards would be appreciated.



Now that the election is over and you're either celebrating or mourning, there's not a moment to spare. It's time to start talking turkey. Over the next few weeks, I'll be sharing some great recipes and tips to make your Thanksgiving feast one for the record books. This week I'll start with some stellar sides for your holiday buffet. Baked Stuffed Sweet Potatoes steer this traditional holiday side off the beaten path. Instead of traditional green bean casserole, you may want to try Scalloped Carrot Casserole. It's delicious! And finally, if you've grown tired of the popular cornbread corn casserole, "cheese" things up a bit with Cheddar Corn Casserole.

Next week: holiday salads. Happy eating!

Baked Stuffed Sweet Potatoes

- 4 medium sweet potatoes
- 1 tablespoon butter
- 1/2 teaspoon salt
- 1 tablespoon milk
- 1 can (8 ounces) crushed pineapple, drained and reserve liquid
- 6 marshmallows

Bake sweet potatoes at 450° until soft. Cut each sweet potato in half lengthwise and scoop out

potato, leaving shell intact. Mash sweet potatoes with butter, salt and milk, along with 1/2 cup crushed pineapple. Add a little more milk or butter if necessary. Fill sweet potato shells. Slice marshmallows in half and top each sweet potato with two halves. Top with a spoonful of crushed pineapple. Put reserved pineapple syrup or juice in a saucepan and bring to a boil. Drizzle each sweet potato with a little of the juice. Place sweet potatoes under broiler and broil until browned. Double the recipe. Serves 4 to 6.

Scalloped Carrot Casserole

- 4 cups sliced carrots
- 1/2 cup water
- 1/2 teaspoon salt
- 2 tablespoons butter
- 2 tablespoons flour
- 1 cup milk
- 1 cup shredded sharp cheddar cheese
- 1 can French fried onion rings (3 1/2 ounces) or 1 cup cracker crumbs

Cook carrots in boiling salted water; drain well. Melt butter in a saucepan; stir in flour. Stir over low heat until smooth and bubbly. Gradually add milk, stirring constantly, cooking until thickened. Add cheese and stir in until melted. Save about 1/3 of the

onions or crumbs for topping. Place 1/3 of the carrots in a 2-quart casserole. Cover with about 1/3 of the remaining onions or crumbs. Repeat layers until all are used. Pour sauce over all. Bake at 350° for 15 minutes. Sprinkle remaining onions over top and bake 5 to 10 minutes longer, until heated through. Serves 4, so you'll want to double or triple the recipe.

Cheddar Corn Casserole

- 4 ounces melted butter
- 1 large onion, chopped
- 1 small green bell pepper, chopped
- 1 small red bell pepper, chopped
- 3 eggs
- 1 cup sour cream
- 1 can (about 15 ounces) cream-style corn
- 1/3 cup yellow cornmeal
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 cup shredded Cheddar cheese, or Pepper Jack

In a medium skillet, heat 2 tablespoons of butter over medium heat. Add onion and peppers and cook until tender, stirring occasionally. Remove from heat. Combine remaining 6 tablespoons butter, eggs, and sour cream in a large bowl. Whisk together until smooth. Mix in corn, cornmeal, salt and pepper. Stir in cheese and the onion-pepper mixture. Turn into a 2-quart buttered casserole. Bake in a pre-heated 350° oven for 30 to 35 minutes, until puffed and golden. Serves 8.

VOTE for Values!

<p>USDA Inspected, Family Pack</p> <p>Farm Fresh Split Chicken Breasts</p> <p>1.39 lb</p>	<p>US Inspected</p> <p>Bone-In Pork Butt Roast</p> <p>1.19 lb</p>
<p>3 lb bag, Red or Gold Delicious, McIntosh, Gala or Jonathan</p> <p>Michigan Extra Fancy Apples</p> <p>2.69 ea</p>	<p>64 oz. etc. Selected Varieties</p> <p>Tropicana Orange or Grapefruit Juice</p> <p>2/6</p>
<p>24-32 loads per bottle, Selected Varieties</p> <p>Purex 2X Laundry Detergent</p> <p>4/10</p>	<p>17 oz box Frost Loops, 17.2 oz box Corn Pops, 17 oz box Apple Jacks, 18 oz box Rice Krispies, 24 oz box Corn Flakes, 25.5 oz box Raisin Bran or 22 oz box Frosted Flakes</p> <p>Kellogg's Cereal</p> <p>4/10</p>
<p>18-19.5 oz box, Selected Varieties</p> <p>Betty Crocker Cake Mix</p> <p>3/3</p>	<p>16 oz bag, Selected Varieties</p> <p>Freshlike Midwest Vegetables</p> <p>5/4</p>
<p>6 pk/24 oz btl, Selected Varieties</p> <p>Pepsi Products</p> <p>3/10</p>	

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What's Happening Elsewhere

MARCH OF DIMES announces that November is Pre-Maturity Awareness Month. Each year in the United States one in eight babies are born pre-maturely, 11,753 in Indiana alone. More newborns die from premature birth than any other cause. Pre-mature children face serious health challenges and have trouble learning in school. Visit the March of Dimes website, marchofdimes.com to become more actively involved.

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The **PERU CIRCUS CITY SAMS** Chapter #89 will meet Nov 22 at 5:30 pm at Ugalde's, 1950 S. Wabash Street, Wabash. All interested persons are invited to attend or visit the club's website at www.circuscitysams.org for information on winter meetings and the camping schedule for next season and more.

Photo policy

Engagement, wedding, and anniversary announcements are printed with black and white photo free of charge. Color photographs may be requested at a charge of \$25, paid in advance. For more information, call either Comet office - 574-967-4135 or 765-564-2222.

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