

81st birthday



Coghill
Fred Coghill will celebrate his 81st birthday Dec. 2. A family celebration is being planned. He retired from Globe Valve in 1989 after 32 years of service. He keeps busy with various projects and has always been known to lend a helping hand to his family. Mr. Coghill would appreciate hearing from friends and former co-workers.



With all the hustle and bustle of the holiday season at full throttle, this week's recipes are simple and hearty, yet quick enough to leave plenty of time for yuletide shopping. Dennis Ripley of Michigan stops by my office from time-to-time as he visits his mom, Christina. During a conversation last week, I discovered he's quite the accomplished cook. He delivered a couple of his sure-fire hits this week and graciously allowed me to share them with you.

Dennis promises that his Cabbage Roll Casserole tastes just like its traditional counterpart. It's just much simpler and easy to make. And, his Awesome Broccoli-Cheese Casserole will have your kids licking their lips while they're eating their veggies. Both these dishes would make excellent Christmas presents for a busy mom or dad. Prepare either of the dishes in a really cool casserole dish. Give a quick tin foil gift wrap and tie with a bow. Don't forget to attach a copy of the recipe.

Next week: more recipes to lighten your holiday load. Happy eating!

Dennis Ripley's Cabbage Roll Casserole

- 1 lb. hamburger
 - 2 T. oil
 - 1 onion, sliced fine
 - 1/8 tsp. salt
 - 1/8 tsp. pepper
 - 1 (10-oz.) can tomato soup
 - 1 soup can water
 - 1/2 C. raw rice
 - 3 C. shredded cabbage
- Grease baking dish. Brown meat in oil. Add onions, salt, pepper and rice. Mix well while browning. Add soup and water. Put cabbage in baking dish. Pour the rest over it. Do not stir. Bake at 325 for 90 minutes.

Dennis Ripley's Awesome Broccoli Cheese Casserole

- 1 (10.75-oz.) can condensed cream of mushroom soup
 - 1 C. mayonnaise
 - 1 egg, beaten
 - 1/4 C. finely chopped onion
 - 3 (10-oz.) pkgs. frozen chopped broccoli
 - 8 ounces shredded sharp cheddar cheese
 - salt to taste
 - ground black pepper to taste
 - 2 pinches paprika
- Preheat oven to 350 degrees. Butter a 9x13 baking dish. In a medium bowl, whisk together condensed cream of mushroom soup, mayonnaise and onion. Place frozen broccoli into a very large mixing bowl. Break up the frozen broccoli. Using a rubber spatula, scrape soup-mayonnaise mixture on top of broccoli and mix well. Sprinkle on cheese and mix well. Spread mixture into prepared baking dish and smooth top of casserole. Season to taste with salt, pepper and paprika. Bake 45 minutes to one hour in preheated oven.

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K C M Y

State health officials mark World AIDS Day

Comet staff report

AIDS is a global epidemic that has established a firm foothold right here in Indiana. An estimated 7,989 Hoosiers are currently living with

AIDS, and another 3,945 Hoosiers are currently living with HIV. Since 1981, more than 4,400 people in Indiana have died from AIDS.

December 1 is the 18th annual World AIDS Day, the only interna-

tional day of coordinated action against AIDS. The goal of World AIDS Day is to promote HIV/AIDS awareness and prevention, both in the United States and globally.

Thirty-seven percent of the 7,989 Hoosiers currently living with HIV are African-American, even though African-Americans are only 8.8 percent of the state's population. In Indiana, African-Americans account for 46 percent of AIDS cases among women.

The first World AIDS Day was held in 1988 as the result of a call by the World Summit of Ministers of Health on Programs for AIDS Prevention to improve dialogue about the disease, and to fight discrimination of those with HIV/AIDS. Since then, World AIDS Day has received the support of the World Health Assembly and the United Nations.

To receive additional information on World AIDS Day activities, or about HIV/AIDS, visit the Indiana State Department of Health's Web site at www.isdh.in.gov.

Engagements



Craig-Allen
Neil and Pam Craig-Wilson

of Lafayette and Jeff and Denise Craig of Delphi announce the engagement of their daughter, Jenna Craig, to Nathan Allen. He is the son of Tom and Leslie Allen of Flora.

The bride-elect is a 2003 graduate of Harrison High School and is attending Ivy Tech in Lafayette. She is employed by The End Zone, Lafayette, and Curves, Brookston.

Her fiancé is a 1999 graduate of Carroll Jr.-Sr. High School and is employed by Menards, West Lafayette.

They have set a wedding date of Sept. 15, 2007.



Pop tabs for Riley

Sixth graders in Andrea O'Brien's homeroom at Carroll Elementary are collecting pop tabs for Riley Children's Hospital. The tabs are sold for recycling, and the money benefits the Ronald McDonald House. The whole school has joined the effort. Mrs. O'Brien's homeroom takes a new count every day, and the latest total is 135,714 tabs. Their goal is 175,000 by the end of the year. That total represents the number of children that Riley helps in a year. Flora Kiwanis will provide a prize for the student who brings in the most tabs. Students pictured above, l-r counterclockwise, are Kaitlin Ragan, Bayleigh Brumbaugh, Tanner Bradley, Gavin Hancock, Tyler Chapman. Photo provided

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3.5-9 oz box, Hamburgers, Chicken or Tuna Varieties Betty Crocker Helpers	8-12 ct box, Selected Varieties Nestle Hot Cocoa	18.5-18.25 oz box, Selected Varieties Duncan Hines Cake Mix
11.5 oz can, Selected Varieties Hormel Chili With Beans	15.5 oz can, Selected Varieties Hunt's Manwich	20-22.5 oz can, Selected Varieties Hunt's Spaghetti Sauce
1 lb pkg Dole Classic Salad	16 oz ctb, Selected Varieties Prairie Farms Cottage Cheese, Sour Cream or Dips	1 qt or quart can, Selected Varieties Prairie Farms Ice Cream Pints or Sherbet Quarts
18-24 oz jar, Selected Varieties IGA Peanut Butter	15 oz can, Selected Varieties Healthy Choice Soup	14.75 oz can, Selected Varieties Campbell's Pasta with Meat
1 lb IGA 81% Lean Ground Chuck 1.99 lb	16 oz can, Selected Varieties IGA Pancake Syrup	10 oz pkg IGA Table Rite Franks

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