

Staying Connected

IU Med program benefits Kenyans and DCHS graduate

This week's *Staying Connected* is a little different. We decided to feature a 1976 graduate of Delphi High School and enrolled in the Indiana University School of Medicine. As a resident in that program, Chris Huffer had the opportunity to spend two months in Kenya, Africa learning a different way to administer medicine and cope with various diseases.

Chris is the son of Griffin Anderson, a fourth-grade teacher at Hillcrest and local attorney Jim Huffer.

Because Chris was able to provide an abundant amount of valuable and interesting information, his story will continue next week. We think you will find Chris' experiences eye-opening and thought-provoking.

Chris writes...

I became involved with the Indiana University-Kenya Program by being a medical student at IU School of Medicine and as an internal medicine resident physician at the IU medical center.

The IU-Kenya partnership was started in 1990, just as Moi University School of Medicine in Eldoret, Kenya was being founded. There were several members of the IUSM faculty who had good experiences in international medicine during their training years. They wanted to

set up a program where Indiana could exchange residents with a medical center in a developing country, so that both centers could benefit from shared experiences.

Since 1990, over 160 residents and 120 senior medical students have spent two months working in Kenya. Any physician who wants to go, and meets the residency's academic requirements, can be a part of the program.

The most rewarding thing about being here is seeing how the IU-Kenya partnership's efforts are making an impact on HIV in Kenya. HIV is destroying Africa. It disproportionately kills young people with new families. The end result is children who are orphans and elderly people who have no social support.

But the program is helping provide anti-retroviral drugs to these patients, and now there is hope for them. I have had patients come into the hospital, comatose, suffering from cryptococcal meningitis, a consequence of AIDS. We put them on the appropriate medicines, the program provides the anti-

retroviral drugs, and those same patients walk out the door, smiling, two weeks later. There's no feeling like that.

This program benefits me in several ways. First, it forces me to hone my skills as a physician. The Kenyan medical system is essentially payment-for-service. That means, any test I order, the patient has to pay for it.

The average Kenyan earns about \$1.50 a day. I can't just order a CT scan on every patient with a headache. The CT scan won't even be done unless the patient's family pays first. So you work on your physical exam skills, your skills of observation and history-taking. You only order tests when they are really needed, and you keep costs in mind.

Another way it benefits me is that I'm seeing diseases I've never seen before. Malaria, leishmaniasis, leptospirosis - I'd never seen these except in textbooks until I came to Kenya. I'm also seeing manifestations of AIDS and tuberculosis that

I've never seen before. All of this contributes to my knowledge base.

I'm learning to appreciate the benefits of living in the richest country in the world. I've gained a deep admiration for my Kenyan colleagues. Their medical knowledge is pretty much the same as mine - we've read the same books, taken the same tests.

The difference is I come from a medical system that can actually afford to do the things that the textbooks say. But in Kenya, they can't. I can imagine my colleagues' frustration at knowing exactly how to save a patient's life but not having the tools to do it. Their dedication to their patients in the face of such limitations is truly noble.

The partnership benefits Kenya in a similar way. They get our perspective on the delivery of medical care, our knowledge base about how things are done in the US.

Kenyan patients are reaping a



Dr. Christopher Huffer and abandoned baby

tremendous benefit from the generosity of people in the U.S. Because of the contributions of IU and donors from America, a state-of-the-art 3-story medical center was built next to Moi Teaching and Referral Hospital. This provides clinic space, a new laboratory and counseling offices dedicated solely to treating HIV/AIDS.

The program is currently treating 30,000 people with HIV in Western Kenya, with a goal of enrolling 50,000 by the end of

2007. Ground has recently been broken on a new mother/baby hospital for obstetrics and gynecology again, chiefly funded by donations from Americans and Indiana University.

Next week will be more from Chris about his experiences in Kenya and how growing up in Carroll County has been meaningful to him in this service program. The Comet invites anyone serving our country in the military and other vocations to e-mail us at dlowe@carrollcountycomet.com with their story.



County Republicans invited to State Dinner

The fall 2006 Republican State Dinner will be Tuesday at the Ritz Charles in Carmel. Featured guests will be Governor Mitch Daniels and Brian Bosma, Speaker of the Indiana House of Representatives.

Any Carroll County Republican who would like to attend should contact Tom Gray, Carroll County Republican chairman, at 765-491-4491. The county organization offers discounted tickets to any Republican in good standing. Tickets sold to the State Dinner give the county organization credit on their annual quota, set by the state party.

Registration and host reception begins at 5 p.m., with dinner to follow. Carpooling could be coordinated amongst local Republicans planning on attending, with a departure from Delphi at 3:45 p.m. Call Chairman Gray for details.

Democrat Committee

The Democrat Central Committee will meet at 7 p.m. Oct. 26 at the Camden Community Building.

The public is welcome.

HELP STAMP OUT women's rites.

Each year, we mourn 250,000 American women lost to heart disease, deaths that could be avoided through awareness and prevention measures. Help save yourself and others by taking charge of your health and spreading the word. Learn how on the Web at www.women.heart.org or call 1-800-AHA-USA1.

American Heart Association
 765-656-3000

Kickoff meeting set to discuss Opera House restoration

Should the Opera House have fixed seating on tiered platforms or flexible seating and a flat floor? What are the cost and use implications of each? Where can dressing rooms be located? What else should go in the addition that will house the elevator and fire stairs? How big should it be? Should there be a catering area? How about a lobby?

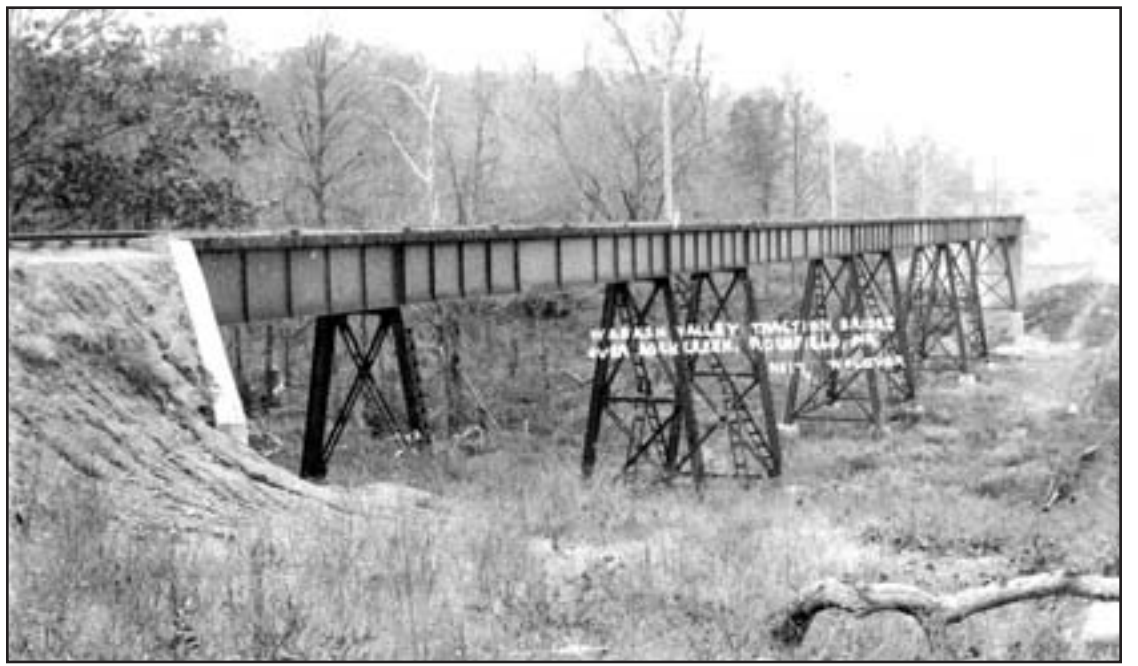
These are just some of the questions that need to be answered before schematic designs can be completed for the restoration of the Lathrope & Ruffing Opera House and the rest of the City Hall building.

The Delphi Preservation Society has signed a \$19,500 contract with KJG Architecture, Inc. of West Lafayette to provide schematic design services for the restoration project. Over the next few months, representatives of the Opera House Task Force and others interested in the process will meet regularly with KJG to discuss alternatives and reach design solutions for the structure. By the end of the planning discussions, DPS will have reached a consensus on how the restored space and the addition will be used, and what it will look like. KJG will then supply schematic

designs with floor plans, estimated construction costs, and how the construction should be phrased. A color rendering of the building will also be provided. With these tools in hand, the fundraising for the multi-year restoration project can get under way.

The kickoff meeting for the Opera House Restoration design process will be Oct. 24 at 6:30 p.m. at the Wabash & Erie Canal Center in Delphi. Anyone wishing to participate is asked to contact Anita Werling at 765-564-2169; or email a_werling@msn.com.

Looking Back



Interurban bridge over Rock Creek, 1900

From the files of Hoosier Democrat, Delphi Journal, Journal-Citizen and Carroll County Comet. Photo provided by Carroll County Historical Museum.

10 YEARS AGO

Three weeks of negotiations ended in a new contract between Globe Valve Corporation of Delphi, and its 202 union employees on Saturday. The old contract expired on Thursday.

Friends and neighbors of the late Wayne Wolf helped harvest

nearly 300 acres of corn and soybeans for the Wolf family.

Area farmers rallied the past three weeks to assist his wife and children with harvest. Wolf died Sept. 18 after a brief illness.

25 YEARS AGO

Is county-wide consolidation possible? Robert Ayres, a member of the Carroll Consolidation School Board, was a former member of the County Reorganization Committee with his appointment in 1959. He stated that plans were presented in 1959 for a county-wide system, but due to opposition, the county-wide system was never drawn up.

Both superintendents of Carroll and Delphi Consolidated School system declined taking a position on the matter of a county-wide system. They emphasized that it was not up to them but rather to the communities they serve.

50 YEARS AGO

When Mrs. Barbara Walker tackles a project, you can be certain she will do a thorough job. Her most recent major project was cleaning an upstairs wardrobe. The clamoring of children downstairs made her hasten her work but she diligently stayed with her task.

Finally with all the clothes neatly arranged on hangers she hurried for the spray. So determined she was that no moth would feast on the clothes, she sprayed...and sprayed, closed the wardrobe door and finally gave some attention to her children.

Later she returned to survey the results of the spraying and noticed a fragrance not obnoxious to even a moth. Further investigation revealed that the clothes were stiffer than a dead moth or any other critter. Still further investigation revealed

that she had sprayed the clothes liberally with her hair set spray. Can anyone imagine the results, should she use the moth killer on her hair?

75 YEARS AGO

The First Brethren Church of Flora will be the site for the October 1932 state conference of the First Brethren Church.

It sounds fishy, but you must believe it. It's the truth. Byrum Crosby, 21-year-old pitcher for the Delphi baseball team that played at Logansport Sunday afternoon, broke his arm in the act of pitching a fast one. As Crosby hurled the ball with all the force he could master, the bone in his right arm, above the elbow, snapped. The sound of the bone breaking could be heard 100 feet from the pitcher's box.

Carroll County had ten posters entered in the Farm Bureau contest made by boys and girls of this county. Winners were: 1st - Margaret Ulrey of Clay Township; 2nd - Kathleen Barnhart of Clay Township; 3rd - Richard Frey of Adams Township. Cash prizes of \$2.50, \$1.50 and \$1.00 will be paid.

100 YEARS AGO

Mrs. Wm Brown, who resides near Young America shot a hawk Saturday that was just rising into the air with a chicken which he had snatched from the barnyard. She had been attracted to the yard by a noisy clatter of the hens and realizing that a hawk must be near, she grabbed a rifle. As the hawk soared upward she fired. The bird turned a somersault and fell to the ground dead.

Attention ADVERTISERS

Do you know you can run an ad this size in more than 80 daily and weekly newspapers STATEWIDE with circulation of more than 760,000 homes for only \$850?

One order, one bill, one check! We do the rest. Call the Carroll County Comet at 574-967-4135.

Ask about the ICAN Plus program.

FREEDOM OF THE OPEN ROAD

- Experience rewarded but not required
- Company-provided CDL training for qualified candidates
- \$33,500-\$60,500 (depending on experience)
- Immediate benefits for experienced drivers

Apply Online at schneiderjobs.com

Or call

1-800-44-PRIDE
(1-800-447-7433)

SCHNEIDER NATIONAL

Daniel Boone Log Home Auction

Sheridan, IN • Sat, Nov. 11th & Osgood, IN • Sun, Nov. 12th

26 New Log Home Packages to be auctioned.

Take delivery up to one year. Package includes sub-floor, logs, windows, doors, rafters, roofing, etc.

Daniel Boone Log Homes



For More Info. Call 1-800-766-9474

We do lot loans.

Personal service.

We don't sell our loans.

House with Acreage?

Talk to us!

No acreage limits.

No escrows or PMI required.

Don't have to farm full-time.

Farm Credit Services OF MID-AMERICA

Deb Jennings

Call 446-0809 or 888-232-9000

www.e-farmcredit.com

421 Meijer Drive, Lafayette

Horizon Veterinary Service presents...

You and Your Pet

Dear Dr. Wise: Missy, our three year old boxer, has an ulcer on her eye. Our veterinarian is treating Missy but she says the problem can be difficult to clear up in boxers. We are concerned and hope you can tell us a little about ulcers.

Answer: The ulcer diagnosis means that the surface cells on the cornea of Missy's eye have been disturbed. The surface of the eyeball has been scratched or injured. Once the protective cell layer is gone, bacteria easily can grow and can cause an infection in the exposed tissue.

You probably discovered the problem when you noticed that Missy was blinking, squinting and rubbing at her eye. Other eye diseases and injuries have the same signs. Your veterinarian verified the ulcer diagnosis by using a dye that turned the affected tissue green.

For most dogs and cats, treatment consists of antibiotic eyedrops and atropine drops to relieve pain. Usually within seven days, the outside protective layer grows back across the eye and covers the exposed tissue. Regrowth begins at the outside edges of the eye. Complications are uncommon.

Your veterinarian warned you that boxers have a greater potential for eye ulcer complications than other dogs

since the problem does not heal well for the breed. I don't mean to scare you - and I'm sure your veterinarian doesn't either - but it is a fact that sometimes boxers have problems regenerating a covering over an exposed tissue. Your veterinarian is alerting everyone to watch Missy for the first indication that her eye is not healing.

If this happens, the veterinarian may want to give Missy an anesthetic and scrape the edges of the ulcer to stimulate cell growth. They also may culture tissue or even suture the eyelid closed to stop irritation caused by blinking.

Besides boxers, dogs with protruding eyes - such as pugs and Pekingese - are susceptible to eye ulcers. They can develop the problem merely by blinking. Some ulcers can be more serious than others. If a fast-growing bacteria is the source of trouble or if a deep scratch has gone undetected for more than 24 hours, enough tissue may have been destroyed to cause perforation of the eyeball. So anytime a dog or cat is squinting and has a painful eye, it is in potential serious trouble.

If you have a question, write Dr. Wise, Indiana Veterinary Medical Association, 201 S. Capitol Avenue, Suite 405, Indianapolis, IN, 46225, or www.invma.org.

A public service with the aim of promoting animal health.

HORIZON VETERINARY SERVICE

11152 W. State Rd. 18 • Phone 765-564-3400

We Care

When you have a sick child, it's hard to tell who is more frightened ... you or your child. Everyone in our hospital will work to get your child well and home as quickly as possible.

St. Vincent Frankfort Hospital

"The Spirit of Caring"

1300 South Jackson Street • Frankfort, IN • (765)656-3000