

HOOSIER HOME COOKIN'

with Allison Meadows

This week, I continue sharing recipes from Heavenly Delights, a Flora Presbyterian Church collection of 393 recipes hard-cover bound. To purchase, (the books sell for \$15), contact: Ann Brown (574-967-3261), Jackie Davis (967-3807) or Ava McGill (967-3793), all members of the cookbook committee.

Lucille Brown is a Flora institution and a long-term servant to her local church and to the Presbytery of Wabash Valley. The cookbook is dedicated in honor and recognition of this wonderful lady. And, word has it that this philanthropist and tireless volunteer knows her way around the kitchen pretty well too. You'll certainly want to try her Easy Cheese Soup and Frozen Fruit Salad. Myra Compton (the pastor's wife) rings in with Chicken Tortilla Soup and Julia Carter of Wichita, Kansas, shares her recipe for Apple and Poppyseed Slaw. Next week: veggies and side dishes. Happy eating!

Lucille Brown's Easy Cheese Soup

1 C. diced potatoes
1 C. diced celery
1 C. diced onions
1 1/2 qt. water
1 can cream of chicken soup
1 can cream of mushroom soup

1 lb. Velveeta cheese, diced
1 bag California Blend or mixed veggies

Cook potatoes, celery and onions in water until slightly tender. Add soups and Velveeta cheese. Stir until cheese melts. Add 1 package thawed California blend vegetables or mixed vegetables. Simmer until vegetables are cooked.

Lucille Brown's Frozen Fruit Salad

8 oz. cream cheese, softened
3/4 C. sugar
10 oz. frozen strawberries
2 large bananas, sliced
20-oz. crushed pineapple and juice
1/2 C. chopped nuts
10 maraschino cherries, chopped
1 (9-oz.) Cool Whip
Cream together sugar and cream cheese; add other ingredients. Place in a large loaf pan and freeze. When serving, dip pan in hot water briefly to unmold. Slice and serve with lettuce leaf garnish. Makes 8 to 10 servings.

Myra Compton's Tortilla Soup

4 boneless, skinless chicken breast halves
2 (15-oz.) cans black beans
2 (15-oz.) cans Mexican stewed tomatoes
1 C salsa
4-oz. can chopped green chilies

14 1/2 oz. can tomato sauce
baked tortilla chips
2 C. grated cheese

Combine all ingredients except chips and cheese in a large slow cooker. Cover. Cook on low for 8 hours. Just before serving, remove chicken breasts and slice into bite-sized pieces. Stir into soup. Put a handful of chips in each serving bowl. Ladle soup over chips. Top with cheese.

Julia Carter's

Apple & Poppy Seed Slaw

8 C. shredded green cabbage (about 1 small head)
3 med. carrots, peeled, coarsely grated (about 2 1/2 C.)
3 med. Granny Smith apples, peeled, cored and coarsely grated
4 green onions, thinly sliced
2 T. cider vinegar
2/3 C. sour cream
1/2 C. mayonnaise
1/4 C. frozen apple juice concentrate, thawed
2 T. poppy seeds

Mix cabbage, carrots, apples and green onions in large bowl. Add vinegar; toss to coat. Whisk sour cream, mayonnaise, apple juice concentrate and poppy seeds in medium bowl to blend. Add to cabbage mixture; toss to blend. Season to taste with salt and pepper. Cover and refrigerate at least 1 hour before serving. Makes 10 servings.

Meetings

Psi Iota Xi Auxiliary

Psi Iota Xi Auxiliary met Sept. 14. Psi Iota Xi members Kelly Currie, Rita Clark and Mary VanSickle attended the national convention in June. It was announced there are 3,516 members which contributed \$1,178,058.59 to projects including music, art, speech and hearing, literature and literacy and various other projects throughout the year.

The local chapter will meet in May, June, July, August, September and October in 2007. Volunteers to make cheese balls are needed on Nov. 3 and 4. The next meeting will be Oct. 12.

Delphi Chamber of Commerce

Delphi Chamber of Commerce met Sept. 11. A two-year contract was approved for Forman Blaster Pyrotechnics for July 4th fireworks.

The green lawn of the National Guard Armory is being repaired by Freedom Lawns following the rain and Kelly Miller Circus. A concern for the animals was made before and after the circus. Directors will consider the information for future years.

Final reports for Old Settlers and the fish fry will be made at the October meeting. Participating groups, businesses

and safety officials will be asked to present views and ideas for 2007 improvements at a meeting in January or February.

The next meeting will be Oct. 9 at 5:30 p.m. at the Chamber office, 113 S. Washington, Suite 01. Those attending are asked to use the alley entrance of the Downtowner Building

Delphi Lions Club

Delphi Lions Club had their regular meeting Wednesday at 6:30 p.m. Dinner was prepared by Presbyterian ladies at the church.

Bill Schooler, past international director, was the program. Discussion followed on Lions and their importance to their communities.

Bill Penn presented a check from the sale of gumballs from machines around town. Dick Bradshaw reported the boardwalk at Riley Park is about finished. They sold out of ice cream at Old Settlers.

Ed Sholty announced that the Christmas Parade will be Dec. 2 at 1 p.m.

The club gave money towards Norm Miller's 5K Walk for Cancer.

Tri Kappa

The Associate Chapter of Tri Kappa met Sept. 12 at the home of Faye Underhill for a luncheon and

meeting.

Patterns are available for those who wish to make pillows for the children of Riley Hospital.

Birthdays were recognized for Donnabelle Sieber and Earleen Alvarez. Art work was taken to the Providence Convention at Veedersburg by Pat Duff, Mary Helen Abbott and Diana Hinkle.

A Certificate of Appreciation was given to Linda Carroll for her work on the scrapbook. They received an invitation from the Associate Chapter in Monticello to attend the celebration of their 50th anniversary.

A pound party auction carrying the theme "Let the Light Shine," was held with Earleen Alvarez as auctioneer.

The October meeting and party will be held at the Wabash and Erie Canal Interpretive Center. A pontoon ride on the canal will be arranged.

Committee in charge included Faye Underhill and Mary Wesner.

Carroll County Church Ministries

Carroll County Church Ministries met Sept. 11 at the Camden First Baptist Church with 14 attending.

Officers were elected as follows: Susan Briggs, president; Wayne Esserman, vice president; Janice Johnson, treasurer; and Mary Whitfield, secretary.

The next meeting will be Jan. 8 at the Camden First Baptist Church.

More cases of West Nile virus are reported

Comet staff report

State health officials report 16 new human cases of West Nile virus, with nine in Lake County, two in Elkhart County, and one each in Allen, Blackford, Clinton, LaPorte, and Noble counties. West Nile virus has been identified in 66 counties in Indiana so far in 2006, with a total of 30 human cases.

"This is the time of the year that we expect to see most of our human cases of West Nile virus," said James Howell, DVM, veterinary epidemiologist, Indiana State

Department of Health. "It's important for Hoosiers to remember that even if a case has not been identified in your county, we are confident that West Nile virus is present in all 92 counties, and we urge individuals to take appropriate precautions."

"It is best if people avoid being outside from dusk to dawn, which is prime mosquito biting time. But if you have to go outdoors, you should apply insect repellent containing DEET, picaradin, or oil of lemon eucalyptus to clothes and exposed skin," said Dr. Howell.

State health officials encourage

Hoosiers to take steps to rid their properties of potential mosquito breeding grounds by:

- * Repairing failed septic systems;
- * Drilling holes in the bottom of recycling containers that are left outdoors;

- * Keeping grass cut short and shrubbery trimmed;

- * Disposing of old tires, tin cans, plastic containers, ceramic pots or other unused containers that can hold water;

- * Cleaning clogged roof gutters, particularly if leaves tend to plug up the drains; and

- * Aerating ornamental pools, or stock them with mosquito-eating fish.

Health officials report that although individuals over age 50 are at greatest risk for serious illness and even death from West Nile virus, people of all ages are susceptible to the virus.

For more information, visit the ISDH Web site at www.in.gov/isdh/healthinfo/westnile/index.htm.

Scarecrow contest added to Moonlight Madness

In conjunction with Flora's Moonlight Madness on Oct. 7, Flora Community Club is sponsoring a "create your own" scarecrow contest. All businesses are eligible to participate.

Entries can be made from any material, and can even represent the business. Entries must be free-standing, no more than six-feet tall.

All entries will be displayed downtown during Moonlight Madness.

The contest is not limited to downtown businesses as there will be plenty of room to display the scarecrows. Entries should be taken to The Flower Shoppe by 10 a.m. Oct. 7. They will be judged for the Most Creative Scarecrow sometime during the day. The winner will receive a prize.

Brouwer chosen for Crawfordsville Exhibit

Comet staff report


A Carroll County artist has been chosen to exhibit her recent work at the 5th annual juried art exhibit in Crawfordsville Sept. 29 to Oct. 8. The exhibit is being sponsored by the Crawfordsville Art League.

Rena Brouwer's watercolors "1947" and "Fleurir" will be part of the juried show of 122 pieces of varied art.

"The pleasures of the doorless gallery" describes this event because 29 downtown store windows will be devoted to displays for ten days. The "First Friday"

gala opening night begins with the awarding of prizes at 6:30 p.m. in front of the Montgomery County Courthouse, followed by the Riverboat Ramblers' musical performance until 8:30, open restaurants and shops, and other special events.

Special features include windows of native Indonesian art and culture, elementary school art, and pieces by this year's county high school award winners. An information center in National City Bank will offer free tour map brochures and a purchase desk.



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Dr. Brian Doggett received his medical degree from the Medical College of Ohio. He completed his residency in Family Practice at Toledo Hospital in Ohio. Dr. Doggett is board certified in Family Practice.

Dr. Doggett enjoys playing the mountain dulcimer, weaving, and growing orchids. He has been committed to the Delphi community for 25 years and looks forward to serving you and your family.

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Purdue Garden Calendar

OCTOBER

HOME (Indoor plants and activities)

Keep poinsettia in complete darkness for 15 hours each day, for example, between 5 p.m. and 8 a.m., for eight to 10 weeks until red bracts begin to show.

Pot spring-flowering bulbs to force into bloom indoors. Moist soil and refrigerate 10 to 13 weeks. Transfer to a cool, sunny location, and allow an additional three to four weeks for blooming.

Houseplants, especially those grown outdoors during the summer, commonly drop some or many of their leaves in response to the lower natural light intensity in autumn and reduced light intensity indoors.

Water indoor plants less frequently, and discontinue fertilizer as plants slow down or stop growing for the winter season.

YARD (Lawns, woody ornamentals and fruits)

Keep plants, especially newly planted stock, well watered until ground freezes.

Have soil ready to mound roses for winter protection. Do not mound or cover roses until after leaves drop and soil is near freezing, usually late November or early December.

Strawberry plants need protection from winter's extremes, but applying winter mulch too early may cause crowns to rot. Apply winter protection when plants are dormant but before temperatures drop below 20 F, usually late November or early December.

Rake or shred large, fallen tree

leaves, such as maple, to prevent them from matting down and smothering grass. Raking smaller leaves, such as honey locust, is optional.

Continue mowing lawn as needed.

GARDEN (Flowers, vegetables and small fruits)

Harvest root crops and store in a cold (32 F), humid location. Storing produce in perforated plastic bags is a convenient, easy way to increase humidity.

Harvest Brussels sprouts as they develop in the axils of the leaves from the bottom of the stem. Brussels sprouts will continue to develop up the stem.

Harvest pumpkins and winter squash before frost, but when rind is hard and fully colored. Store in a cool location until ready to use.

Harvest gourds when stems begin to brown and dry. Cure at 70-80 F for two to four weeks.

Harvest mature, green tomatoes before frost, and ripen indoors in the dark. Warmer temperatures lead to faster ripening.

Asparagus top growth should not be removed until foliage yellows. Let foliage stand over winter to collect snows for insulation and moisture.

Remove plant debris from the garden to protect next year's planting from insect and disease buildup. Compost plant refuse by alternating layers of soil, plant material, and manure or commercial fertilizer.

Have garden soil tested for fertilizer needs every three to five years.

Plowing and incorporating organic matter in the fall avoids the rush of garden activities and waterlogged soil in spring. Fall-prepared soils also tend to warm faster and allow earlier planting in spring.

Carve a Halloween jack-o'-lantern.

Dig tender, garden flower bulbs for winter storage. Gladiolus corms should be dug when leaves begin turning yellow. Caladiums, geraniums and tuberous begonias should be lifted before killing frost. Dig canna and dahlia roots after a heavy frost. Allow to air dry, then pack in dry peat moss or vermiculite, and store in a cool location.

Complete planting of spring-flowering bulbs.

Channel 2

'Celebrating 25 years on the air'

Programming for Oct. 1-4 is listed below:

Sun., Oct. 1 - 9 a.m., Live worship service from Flora First Baptist Church.

Mon., Oct. 2, 7 p.m., Worship service from Camden United Methodist Church (taped 10/1); followed by Park 2 from last Monday night's Delphi City Council meeting.

Wed., Oct. 4 - 7 p.m., Carroll vs. Clinton Central football game, taped 9/29.

Advertising Pays!!