

Lessons from the Heart

Step in shape

By Rev. Rick Jones

I grew up watching Batman on TV in the 60s. I was always envious of the way Batman and Robin had whatever they might need tucked away in their utility belt. My brother and I did our best to form our own utility belt. We could never keep these necessary things attached long enough to move from here-to-

there. It is hard to be as cool as Batman.

As I have gone through life I have tried to resist the temptation to hang cell phones and pagers from my belt. I'm sure Batman would not approve of such electronic devices.

A few weeks ago, I was encouraged to start carrying a pedometer around with me. I am sure that Batman would carry

one of these, if he would have allowed his bat body to be overcome with mid-life flab.

It is a known fact in the healthcare industry that we preachers are rated among the highest levels of stressful jobs. I have always assumed that this is because we don't work for six and a half days a week. When that half day comes around it causes way too much stress for us.

Or our stress could have something to do with the fact that even in the smallest of churches we have at least 100 "bosses" around us. This group cannot agree on what color of napkins to use at the next luncheon without a third of the group leaving to start their own church. But, they can agree that the pastor does not do something correctly. And it is usually something highly significant like never wearing the correct color of shoes.

To help combat this a little, the healthcare provider for us United Methodist pastors is offering a new program. We are allowed to attend free fashion classes to help us better coordinate our accessories. It has made a world of difference in my stress level, as I know for sure that my shoes and belt match.

On the other hand, our healthcare provider has actually suggested that we stress-filled preachers begin considering minding our health a little. Just what we need - someone else keeping their eye on what we are doing.

Outdoor concert set Aug. 12 in Burnettsville

A free evening outdoor concert will be held Aug. 12 from 7 to 9 p.m. The concert will be held on the Bee Hive Stage in downtown Burnettsville. Attendees should bring lawn chairs.

Groups performing will be "God Save Bob" (David Allen, Evan Mitchell, Clayton Mitchell, and Michael Sanson) and "The

Many of us United Methodist preachers are now carrying around a pedometer. Our challenge is to walk 10,000 steps each day. Just like any goal, there are days that this is easier to reach than others. Here in the long daylight hours of summer it has been nice to stroll around the neighborhood, while enjoying God's creation as I chat with my wife and allow our steps to add up as they please. Who would have thought that this would turn into a holy walk Batman?

Overall, it has been fun to cross the 10,000 mark each day. My body feels better because of it. My soul has felt more refreshed. I feel less guilty when I have that second piece of fresh baked pie that a loving congregation member brought over.

I would encourage you to join this 10,000-step club. I'm sure that you will feel better about yourself at the end of the day. And it is an easy way to separate ourselves from the world and allow God to talk to us. These pedometers can be purchased for less than twenty bucks. I'm sure Batman would be proud of the new look in utility belts.

Rick Jones is pastor at Rossville United Methodist Church.

Pray for our nation to seek God

And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." Matthew 4:3 Pd. Adv.

FOCUS ON THE FAMILY

By Dr. James Dobson

Rewards can be effective way to motivate your child

QUESTION: Isn't a mother manipulating her child by using rewards and punishment to get him to do what she wants?

DR. DOBSON: No more than a factory supervisor manipulates his employees by docking their pay if they arrive late. No more than a police officer manipulates a speeding driver by giving him a traffic ticket. No more than an insurance company manipulates that same driver by increasing his premium. No more than the IRS manipulates a taxpayer who files his return one day late by charging a penalty for his tardiness. The word "manipulation" implies a sinister or selfish motive of the one in charge. I don't agree.

QUESTION: When would you not recommend the use of rewards?

DR. DOBSON: Rewards should never be used as a "pay-off" to a child for not disobeying. That becomes a bribe - a substitute for authority. For example, Mom is having trouble controlling her 3-year-old in a supermarket. "Come here, Pamela," she says, but the youngster screams "No!" and runs the other way. Then in exasperation, Mom offers Pam a lollipop if she'll come quickly. Rather than rewarding obedience, Mom has actually reinforced the child's defiance.

Another misuse of rewards is to pay a child for doing the routine jobs that are his responsibility as a member of the family. Taking out the trash and making his bed might be included in those regular duties. But when he is asked to spend half his Saturday cleaning the garage or weeding the garden, it seems very appropriate to make it worth his time.

QUESTION: I worry about putting undue emphasis on materialism with my kids. Do rewards have to be in the form of money or toys?

DR. DOBSON: Certainly not. A word of praise is a great enticement to some children. An interesting snack can also get their attention, although that has its downside. When my daughter was 3 years old, I began to teach



Dr. Dobson

her some early-reading skills, including the alphabet. By planning the training sessions to occur after dinner each evening, bits of chocolate candy provided the chief source of motivation. (I was less concerned about the effects of excess sugar consumption in those days than I am now.)

Late one afternoon, I was sitting on the floor quizzing her on several new letters when a tremendous crash shook the neighborhood. The whole family rushed outside to see what had happened. A teenager had overturned his car on our quiet residential street. He was not badly hurt, but his automobile was a mess. We sprayed the smoldering car with water and called the police.

It was not until the excitement passed that we realized our daughter had not followed us out of the house. I returned to the den where I found her elbow-deep in the large bag of candy I had left behind. She must have put a half-pound of chocolate in her mouth, and most of the remainder was distributed around her chin, nose and forehead. When she saw me coming, she managed to jam another handful into her chipmunk cheeks. From this experience, I learned one of the limitations of using material, or at least edible, rewards.

Anything the child wants can be used as reinforcement, from praise to pizza to playtime.

QUESTION: What would you do if you had an elementary school child in a chaotic classroom with a disorganized teacher?

DR. DOBSON: I would do everything I could to get my child reassigned to a different classroom. Some very bad habits and attitudes can develop in 10 months with an incompetent teacher. Home schooling or private education might also be considered, if resources permit.

Send your questions to Dr. Dobson, c/o Focus on the Family, P.O. Box 444, Colorado Springs, CO 80902; or to his Web site at www.focus.org. These questions and answers are excerpted from books authored by Dr. James Dobson and published by Tyndale House Publishers. Dr. Dobson is the founder and chairman of the board of Focus on the Family, a nonprofit organization dedicated to the preservation of the home and Judeo-Christian values. Copyright 1997 James Dobson, Inc. All rights reserved. International copy secured.

DIRECTORY OF AREA CHURCHES

| SS=Sunday School | SW=Sunday Worship |
|--|--|
| AMERICUS UNION NON-DENOMINATIONAL: Vernon Stingley, pastor. SW: 10 a.m. | FLORA FIRST BRETHREN: 115 N. Washington Street, Flora. Dan Herendeen, pastor. SS: 9:30 a.m., SW: 10:30 a.m. |
| BRINGHURST UNITED METHODIST: Larry DeVos, pastor. SS: 9:30 a.m., SW: 10:30 a.m. | FLORA FIRST CHRISTIAN (Disciples of Christ) S. Center Street, Flora. Pamela Ditson-McCall, pastor. SW: 9:30 a.m., SS: 10:30 a.m. |
| BROOKSTON CHURCH OF CHRIST: 206 N. Prairie Street, Brookston. Ron Guzman, minister. SS: 9 a.m., SW: 10 a.m. & 6 p.m. | FLORA GRACE BRETHREN: 103 S. Willow St., Flora. James Franklin, pastor. SS: 9:30 a.m., SW: 10:30 a.m., Wed. Prayer Service: 7 p.m. |
| BUCK CREEK UNITED METHODIST: 4915 Ferret St., Buck Creek. Joe Hornick, pastor. SS: 9 a.m., SW: 10:15 a.m. | FLORA PRESBYTERIAN CHURCH: 211 S. Center St., Flora. Charles Compton, pastor. SW: 10:15 a.m. |
| BURLINGTON FIRST BRETHREN: 205 W. 8th St., Rev. Dr. Peter Roussakis, pastor. SW: 10:00 a.m., SS: 9:00 a.m. | FLORA UNITED METHODIST: 107 E. Main Street, Flora. Larry DeVos, pastor. SW: 9 a.m., SS: 10:15 a.m. |
| BURLINGTON CHURCH OF CHRIST: Tim Pohlman, pastor. SW: 9:30 a.m. & 6 p.m., Children's Church: 10 a.m., SS: 10:30 a.m., Youth Groups: 6 p.m. | FLORA VALLEY VIEW SOUTHERN BAPTIST: Route 2, Flora. Bill Godbey, pastor. SS: 9:30 a.m., SW: 10:30 a.m. & 6 p.m. |
| BURLINGTON UNITED METHODIST: Rev. Chuck Rockey, pastor. SS: 10:50 a.m., SW 9:30 a.m. | GRACE MISSIONARY BAPTIST: 1101 Dreifers Ave., Delphi. Danny Jewell, pastor. SS: 10 a.m. SW: 11 a.m. & 6 p.m. |
| BURNETTVILLE FIRST BAPTIST: Second & Main, Burnettsville. SW: 10:00 a.m., SS: 11:15 a.m. | HICKORY GROVE CHURCH: CR 700 W., Jefferson Township, Ken Smith, pastor. SS: 9 a.m., SW: 10 a.m. |
| BURNETTVILLE CHRISTIAN: Sixth & Washington, Burnettsville. John Wright, pastor. SW: 9:30 a.m., SS: 10:30 a.m. | HILLSIDE MISSIONARY BAPTIST: Hwy. 22, 2 miles E. of Burlington. Doyle Buckner, pastor. SS: 10 a.m., SW: 11 a.m. & 6 p.m. |
| BURNETTVILLE CHURCH OF THE BRETHREN: First & Main, Burnettsville. SW: 9:30 a.m., SS: 10:30 a.m. | HISPANIC CHRISTIAN CENTER: 108 W. Main, Delphi. Dimas Palacio, pastor. SS: 10 a.m., SW 12noon, Tue. & Wed. 7 p.m. |
| BURROWS PRESBYTERIAN: SS: 10:30 a.m., SW: 9:30 a.m. | IDAVILLE CHURCH OF GOD: 11073 E 50 N, Idaville. Keith Raderstorf, pastor. SW 8:30 & 10:30 a.m., SS: 9:30 a.m. |
| CALVARY CHAPEL CARROLL COUNTY: Will be meeting at the Delphi Middle School gym on Monroe Street. The worship service begins at 10:30 AM. All are welcome! | JUBILEE FELLOWSHIP: CR 50 N, Flora. Scott Gamel, pastor. SS: 9:00 a.m., SW: 10:00 a.m. |
| CAMDEN UNITED METHODIST: Dan Gottschalk, pastor. SS: 9 - 9:45 a.m., SW: 10 a.m. Sun. Nite Praise 6:02 p.m. | LIVING FAITH CHURCH OF THE BRETHREN: 310N 250W. Jeff Tomson, pastor. SS: 9 a.m., SW: 10 a.m. |
| CLYMERS UNITED METHODIST CHURCH: 4003 W 400S. Clymers Kevin Drane, pastor. SW: 10:30 a.m. SS: Same as worship. | LIVING STONE CHURCH: Meets at the Freedom Center in Delphi. SS: 11 a.m., SW: 9:30 a.m. contact (765) 589-3507 |
| COLBURN ROAD BAPTIST: Bill Cadle, pastor. SS: 10 a.m., SW: 11 a.m. & 6 p.m. | LOCKPORT NON-DENOMINATIONAL CHURCH: East of Patton. Nord Zootman, pastor. SS: 9:30 a.m., SW: 10:30 a.m. Sun. Bible Study: 6:30 p.m. |
| COLBURN UNITED METHODIST: Kasey Schnepf, pastor, SW: 9 a.m., SS: 10:20 a.m. | LOWER DEER CREEK CHURCH OF THE BRETHREN: CR 300 N, SE of Camden. SW 10:15 a.m., SS: 9:00 a.m. |
| COMMUNITY BIBLE MINISTRIES: 1/2 mile north of SR 22 on CR 1150W. Patrick Kamm, pastor. SS: 9 a.m. SW: 10:15 a.m. | MT. ZION INDEPENDENT BAPTIST: 102 N. Connelly Street, Delphi. Alfred Smith, pastor. SS: 10:15 a.m., SW: 9 a.m., & 6 p.m. |
| DELPHI CHURCH OF CHRIST: 405 Cottage Street, Delphi. Sunday Bible study: 9:30 a.m., SW: 10:30 & 6 p.m., Wed. Night 7 p.m. | OAK GROVE CHRISTIAN: 11810 N & 900 W, Monticello. Interim pastor, Don Arterburn. SW: 10 a.m. |
| CROSSROADS COMMUNITY CHRISTIAN: 3570 E 200S, Bringhurst, Dan C. Butcher, pastor, SW: 9:30 a.m. SS: 10:30 a.m. Youth group 6:30 p.m., Bible study Wed. 6:30 p.m. | PINE GROVE MISSIONARY BAPTIST CHURCH: Crooked Road, 1 mile E of Delphi. Justin Wagner, pastor. SS: 10 a.m., SW: 11 a.m. & 6 p.m. |
| CUTLER PRESBYTERIAN: Pastor Jim Long SS: 9:30 a.m., SW: 10:30 a.m. | PITTSBURG MISSIONARY BAPTIST: John Wagner, pastor. SS: 10 a.m.; SW: 11 a.m. & 6 p.m. Bible Study: Thurs. 6:30 p.m. |
| DEER CREEK UNITED PRESBYTERIAN: Highway 29 in Deer Creek. Rev. Cheryl Montgomery, interim pastor. SW: 10:30 a.m. SS: 9:15 a.m. | PLEASANT HILL PRESBYTERIAN CHURCH: 5490 North SR 39, Frankfort. Donna Enerson, pastor. SS: 9:45 a.m., SW: 10:30 a.m. Everyone welcome. |
| DELPHI CHRISTIAN CHURCH: 315 E. Main St, Delphi. Andrew Paris, minister. SW: 9:30 a.m., SS: 10:45 a.m. Wed. Bible study: 7 p.m. | PYRMONT CHURCH OF THE BRETHREN: Pastor. Howard Hendrickson SS: 9 a.m., SW: 10:15 a.m. |
| DELPHI COMMUNITY CHURCH OF GOD: 321 W. Main Street, Delphi. Rev. Virgil Moss. SS: 9:30 a.m., SW: 10:30 a.m. & 6 p.m. | RADNOR CHURCH: Ed Selvidge, pastor. SW: 9 a.m., SS: 10 a.m. |
| DELPHI PENTECOSTAL: Hwy. 25 East, Delphi. Tim Stewart, pastor. SS: 9:45 a.m., SW: 6 p.m. | ROCKFIELD CHRISTIAN: Bob Cree, pastor. SW: 9 a.m., SS: 10 a.m. |
| DELPHI UNITED METHODIST: Union & Monroe Streets, Delphi. SW: 8:45 & 11 a.m., SS: 10 a.m., Todd Ladd, pastor, Sheila Wilmitts, youth pastor. | ROCKFIELD PRESBYTERIAN: SW: 9:30 a.m. |
| DELPHI WESLEYAN: North Union Street, Delphi. Rich & Carol Scheneck, pastor. SS: 9:30 a.m., SW: 10:30 a.m. & 6 p.m. | ROSSVILLE BIBLE FELLOWSHIP: 16 Cason St., Judd Dickey, pastor. Sunday Corporate Prayer: 9:00 a.m.; Fellowship 9:30 a.m.; SW 10:00 a.m. |
| EASTLAWN UNITED METHODIST: SR 24 & Logan Street, Idaville. Ernie D. Elder, Jr., Pastor. SW: 10 a.m., SS: 9 a.m. | ROSSVILLE CHURCH OF THE BRETHREN: 109 N. Plank Street, Rossville. Pastor, Bob Pfeifer. SS: 9 a.m., SW: 10 a.m. |
| FAITH CHURCH OF CHRIST: SR 29, Burlington. Steve Cole, minister. SW: 9:30 a.m. & 6 p.m. a.m., SS: 11 a.m., Wed. Bible study 7 p.m. | ROSSVILLE PRESBYTERIAN CHURCH: 5434 W State Rd 26, Rossville, IN. Rev. SW: 9 a.m., SS: 10:20 a.m. |
| FAITH LUTHERAN: CR 800 N, west of Hwy. 29. Thomas J. McShannock & Sandy Hutchens, pastor. SS: 9 a.m., SW: 10:10 a.m. | ROSSVILLE UNITED METHODIST: Main & Gaddis Streets, Rossville. Rick Jones, pastor. SS: 9:15 a.m., SW: 10:30 a.m. |
| FELLOWSHIP BAPTIST CHURCH: Hwys. 29 & 26, Middlefork. Jim Anderson, pastor. SS: 9:30 a.m., SW: 10:30 a.m. & 6 p.m. | SHARON AMERICAN BAPTIST: St. Rd. 29, Carrollton Township. James Lund, pastor. SS: 9:30 a.m., SW: 10:30 a.m. |
| FIRST APOSTOLIC CHURCH: U.S. 421 North, Tippecanoe Township. Gilbert R. Ingram, pastor. SW: 10 a.m. & 6 p.m. | ST. JOSEPH'S CATHOLIC: 207 N. Washington Street, Delphi. Peter Vanderkolk, pastor. SW: 8 a.m. & 10:30 a.m. |
| FIRST ASSEMBLY OF GOD: US 421N., Pittsburg. Brent Oliver, pastor. SW: 9:30 a.m., Wed. Family Night: 7pm | ST. MATTHEW'S LUTHERAN CHURCH: 1301 S. Washington St., Delphi. Dale Larson, pastor. SS: 9:30 a.m., SW: 10:30 a.m. |
| FIRST BAPTIST CHURCH OF CAMDEN: Chad Hoesman, pastor. SW: 9:30 a.m., SS: 10:45 a.m., Sun. Youth Service 5:30 p.m. Sun. Bible study: 7:30 p.m. | ST. PETER'S LUTHERAN: Church & Cumberland Sts., Camden, 2 blocks West & 1 block North of SR218 and SR75. Dale Larson, pastor. SW: 8:30 a.m., SS: Same as Worship. |
| FIRST BAPTIST: Indiana & Franklin Streets, Delphi. William Glenn, pastor. SS: 9:30 a.m., SW: 10:30 a.m. & 6 p.m. | WHIRLWIND MINISTRIES: meet at Burrows Fire Department, Greg & Michelle Britt, pastors. SW: 9 a.m. (574) 652-2280 |
| FIRST PRESBYTERIAN: Main & Indiana Streets, Delphi. Rev. Louis Sandos. SW: 9:30 a.m., SS: 10:30 a.m. | YEOMAN UNITED METHODIST: Dave Inskip, pastor, SS: 9:30 a.m., SW: 10:30 a.m. |
| FLORA FIRST BAPTIST: 115 W. Columbia Street, Flora. Interim pastors. SW: 9 a.m., SS: 10 a.m. | |

Vacation Bible School

Calvary Chapel

Calvary Chapel Carroll County will host Journey to the Promised Land Vacation Bible School from 10 a.m. to noon July 31 to Aug. 4. Students in grades K-6 will meet at Delphi Public Library in the Globe room for a Bible story about Moses and the children of Israel,

followed by a craft to take home. For more information, call (574) 652-4505.

Valley View Baptist

Valley View Baptist Church, Flora, is having Vacation Bible School July 31 to Aug. 4 from 6 to 8 p.m. Ages 3-12 are welcome.

Recycle This Newspaper

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