

## CARROLL COUNTY COMET

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## Limits are in order State pays steep price for obesity

Much has been written about the health effects of obesity among Americans – especially the nation’s children. But obesity also has staggering economic costs, especially for Hoosiers, notes Eric Wright and other analysts at Indiana University-Purdue University Indianapolis’ Center for Urban Policy and the Environment.

Obesity-related diseases, they say in two recent policy papers, cost Indiana taxpayers more than \$1.6 billion in 2000. Indiana’s obesity rate, in excess of 25.2 percent, ranks ninth in the nation. Its combined rate of obese and overweight individuals ranks eighth highest. As a result, Indiana’s Medicare and Medicaid expenses for obesity-related illnesses are already high and increasing. So are indirect costs of obesity-related diseases such as lost wages.

Employers in Indiana also risk increased private insurance costs and lower productivity for overweight workers. That’s something companies consider when they think about locating here.

According to one study, a sustained 10 percent weight loss can reduce an overweight or obese person’s lifetime medical costs between \$2,200 and \$5,300. That translates into a savings of \$8 billion to \$19 billion among 3.7 million Hoosiers who are overweight, researchers noted.

The IUPUI analysts suggest several ways to tackle Indiana’s obesity problem. They vary from encouraging insurers to pay for preventive weight-loss programs and physician-prescribed medications to zoning changes that make communities more conducive to walking.

Incorporating sound weight-loss programs into the workplace and schools is critical for success. The center notes, however, that most Indiana students get less than two hours per week of physical education. Few work places have weight-reduction programs that are analyzed to assess their effectiveness.

Various efforts have emerged at the state and local level. They vary from the INShape Indiana campaign to the Fit City program in Indianapolis. Marion County’s Go Girls! Program, Lilly Endowment’s \$3 million Health Education for the 21st Century effort and legislation reducing the amount of junk foods sold in schools are all steps in the right direction.

But more needs to be done in homes, schools, communities and the workplace for a leaner and more prosperous Indiana.

—Indianapolis Star

My Monday was full. I had a schedule sketched out on my legal pad intended to guide me from dawn till dusk. My start time was 6:30 a.m. and there was something that needed doing until the day was done. Appointments, meetings, essential errands filled the page. There was little room for error.

But that was all before the screech. On work days my car is parked in a parking garage one floor above ground level. The space was originally designed for valet parking for a fancy restaurant long since shuttered. The narrow cement stairs leading up to the parking level were built specifically for youthful car jockeys sprinting their way back and forth to the cars.

The car jockeys are long gone. The last guy took his tips and locked up decades ago. What remains unchanged from their stint is the dimly lit, narrow winding staircase that leads to the locked access door at the top of the stairs leading to the garage.

This set-up was never meant for public use. The stairs are too narrow to pass a person on. Carrying groceries down these stairs or packages up is an Olympic event in its own class. The stairs are pitched so you are operating in the blind.

At the top of the stairs is a locked door. Here the ceiling height takes a dip. This means when you unlock the door you are standing on a tiny landing surrounded by brick walls on three sides with a ceiling above measuring under seven feet in height. The area is not for the claustrophobic. It is a space only horror author Stephen King could fancy, flickering florescent light and all.

Experienced users of this space know to have their keys out before setting foot on the landing. There are two reasons for the need for readiness to get that door open.

The first reason is that it’s just plain creepy and scary up in this little area. Having one’s keys out prepares you for the tug of war to break the air lock vacuum keeping the big solid metal door positioned closed.

The second reason is timing. If one’s timing

## Midwest Memo

by Alan Shultz



## Obstacle

keys in one hand, schedule in the other. I wrestled the door. As I pulled it open, the screech let loose. I looked to my right and there it was a foot from my nose.....a bat.

Now there was no room for the two of us up in Stephen King’s den. There was room for attack and screech and blood letting, but not room for the two of us.

And I ran, like there was no tomorrow, bounding down those stairs, never looking back.

What to do? My busy day awaited.

My quirky parking spot is part of a bigger garage complex overseen by a parking attendant named Kojo. I relayed my story to Kojo who quickly decided bat control was not in his job description.

Kojo then explained to me that the overhead garage door separating me from my car could not be opened from the outside by a real live person like him or me. It had to be “triggered” by an actual auto. But, Kojo explained, together we could fool the weight and motion sensors into thinking that Kojo, me and two orange parking cones were actually a car.

So while the bat slept away the morning guarding the pedestrian door, Kojo, yours truly and the parking cones attempted to impersonate my Toyota Corolla. We inched our way up and down the parking ramp. We assumed many formations. Finally our deviousness fooled the sensors. I think it mistook us for a Ford Pinto. Anyway, the door rolled back open, and I sprinted my way to my car.

I’ve not ventured back up those stairs yet. I can still hear that screech, vision those outstretched vein lined wings.

Memo to Stephen King: I have this novel idea I’d like to discuss...

## Letters to the Editor

The Comet welcomes letters to the editor responding to articles and events in the news. They must include the author’s name, address and telephone number. The letter writer’s name and city/town will appear in the paper - no exceptions. Letters must be 400 words or less in length. Please send your letters to: editor@carrollcountycomet.com; Letters to the Editor, Comet, P.O. Box 26, Flora, IN 46929 or P.O. Box 179, Delphi, IN 46923; or fax 574-967-3384 or 765-564-2010. By submitting a letter or opinion article, the author grants the Comet the right to publish, distribute, archive or use the work in print, electronic, on-line or other format.

## DCSC makes healthful decision to ban smoking

Officials representing Indiana Tobacco Prevention Cessation (ITPC) applauds the recent decision by the Delphi Community School Corporation to establish a “smoke free campus” beginning in August.

With the move, both of the school corporations in Carroll County are totally smoke free. In a unanimous decision, the DCSC board voted to restrict all smoking on school grounds and at all sports activities.

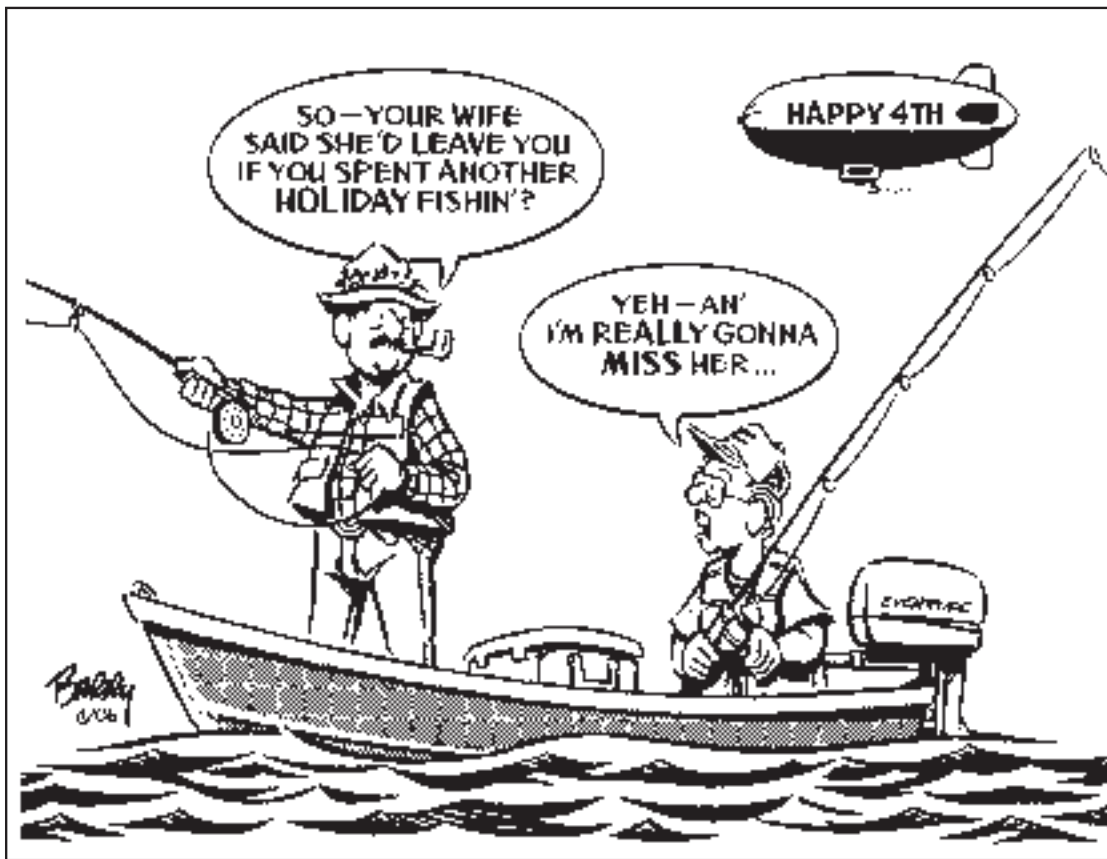
The decision by the Board of Trustees represents a tremendous educational opportunity, and it sends the message that the health and well-being of the students, faculty and staff is of the utmost importance.

Tobacco use is the single most preventable cause of death and disease in the United States. In Indiana, more than 15,000 young people become new daily smokers annually. But, efforts such as those in Delphi are having an impact.

Between 2000 and 2004, high school smoking has fallen 32 percent and by 20 percent in the middle schools.

ITPC was created to oversee funding from Indiana’s share of the 1998 Master Settlement Agreement from the tobacco industry. The Board oversees the state’s tobacco prevention campaign, which includes media components, special youth features, enforcement, cessation initiatives and

Katie Sneegas,  
ITPC executive director



## Superior Court Judge Jeffrey Smith

Superior Court judgments are gathered from public records on file in the Carroll County Clerk’s office on the second floor of the courthouse, Delphi.

### New Filings

In State of Indiana vs. Nathan W. Davis, 21, Russiaville, the defendant

pleaded guilty to Count I, possession of marijuana with a prior conviction. He was sentenced to two years, suspended, and two years of probation.

In State of Indiana vs. Michael C. Conn, 36, Logansport, the defendant was found guilty by trial of Count I, operating while intoxicated, endangering. He was sentenced to six months, suspended, and a year of probation.

In State of Indiana vs. Dwight N. Dause, 53, Delphi, the defendant was found guilty by trial of Count I, failure to stop after an accident resulting in damage to an attended vehicle; Count II, operating while intoxicated, endangering a person. He was sentenced to nine months, with 264 days suspended, and a year and 85 days of probation.

A judgment by default was entered against the defendant in Portfolio Acquisitions, LLC vs. Martin L. Trapp, for \$3,993.56 together with court costs.

An agreed judgment was ordered in Horizon Veterinary Service vs. Tammy Weston. The defendant shall pay the plaintiff \$180.39 together with court costs.

A default judgment was ordered in Harry W. Jones, DDS vs. Tina Casteel. The defendant shall pay the plaintiff \$200 together with court costs.

A default judgment was ordered in Big Ten Capital Management vs. Ruby A. Kellogg. The defendant shall pay the plaintiff \$1,873.92.

In Kenneth E. Spencer vs. Gerald Smith and Pamela Smith, the plaintiff shall recov-

er from Pamela Smith \$50 together with court costs. The court also finds for the defendant Gerald Smith and he shall retain the title of the vehicle.

In Town of Camden vs. Bret Smith, the parties agree that the plaintiff shall recover from the defendant \$201.73 together with court costs.

**New Filings**  
Philip L. Widner Jr. was charged with resisting law enforcement.

Manuel Albrado Jr. was charged with Count I, resisting law enforcement; Count II, public intoxication.

Adrian Peres was charged with Count I, identity deception; Count II, resisting law enforcement; Count III, public intoxication.

Moises A. Gomez was charged with operating a motor vehicle without ever receiving a license.

Roger W. Stead was charged with operating while intoxicated.

ed. James A. Spencer was charged with invasion of privacy.

Joni L. Wright was charged with operating while intoxicated, endangering.

Michelle M. Pratt was charged with harboring a non-immunized dog.

Earnest D. Morris was charged with Count I, possession of marijuana; Count II, speeding 70/55.

Eric E. Bellah was charged with theft.

Brian M. McFarren was charged with Count I, battery resulting in bodily injury; Count II, illegal consumption of alcohol.

Gabriel Warr was charged with driving while suspended.

Eric A. Hyman was charged with operating while intoxicated, endangering.

Lorri L. Clawson was charged with operating while intoxicated, endangering.

Daniel W. Kelly was charged with Counts I, II and III, check deception.

William D. Collier was charged with Count I, domestic battery; Count II battery resulting in bodily injury.

Nathan W. Simon was charged with carrying a handgun without a license.

Misty D. Adams was charged with Count I, driving while suspended; Count II, speeding 40/20.

## Marriage Licenses

John E. Powell Sr., 64, and Barbara L. Grimes, 65, both of Flora.

Michael A. Dehu Sr., 40, and Sarah B. Gottschalk, 30, both of Glendale, Ariz.

Courtney J. Davis, 27, and Christen R. Hufford, 24, both of Bringhurst.

Edward C. Storey, 41, and Marcella L. Mueller, 39, both of Delphi.

Nathanael C. Slavens, 27, of Idaville and Erin D. Huber, 30, of Indianapolis.

Michael J. Lane, 24, and Stephanie D. Lewis, 21, both of Delphi.

Brett A. Anderson, 42, and Peggy L. Knopf, 40, both of Frankfort.

Daniel D. Pearson, 19, of Camden and Tasha M. Birden, 20, of Flora.

Timothy D. Coomler, 25, and Megan N. Ropes, 23, both of Cutler.

## Circuit Court Judge Donald Currie

New filings are from public records available in the Carroll County Clerk’s office on the second floor of the courthouse, Delphi. Other information regarding judgments and marriage solutions is gathered from public records found in the clerk’s office.

A summary judgment entry and decree of foreclosure were ordered in Washington Mutual Bank vs. Kenneth J. Slaybaugh and First Financial Bank et al.

A judgment and decree of foreclosure were ordered in Electronic Registration Systems, Inc. vs. Brian L. Trapp et al.

State of Indiana vs. William E.

Duff was dismissed.

In State of Indiana vs. James L. Miles, 35, the defendant pleaded guilty to Count II, theft. He was sentenced to one year, with all but 16 days suspended, and one year of probation.26D-Circuit Court

A complaint was filed in Ford Motor Credit Company vs. Russell E. Snider.

A complaint to foreclose mortgage was filed in Countrywide Home Loan vs. Samuel S. Smith and Daniel W. Kelly.

Bonita K. Stephan was named administrator of the Robert L. Stephen estate.

## Web poll

Is it time for Carroll County towns to pool their resources for Fourth of July fireworks and have one display a year, rotating among the towns?

Yes

No

Tell us starting Wednesday at our web site, carrollcountycomet.com

## Public Notices appearing in this issue of the Comet:

- Notice of Suit - Hyman 2313 6B
- Notice of Suit - Chinn 2313 6B
- Sheriff Sale - Clark 2313 5B
- Dellinger Estate 2412 6B
- Sheriff Sale-Smith 2413 6B
- Clay Twp.-Fire Fund 2412 6B
- Sheriff Sale-Meagher 2513 5B
- Duke Energy-Notice 2511 6B
- Duke Energy-Boundary 2511 5B
- Town of Camden-Bidders 2512 6B
- Tax Sale-Viney 2513 5B
- Lambert-Notice 2511 6B
- IDEM-Delphi Fire Training 2511 5B
- Sheriff Sale-Read 2513 5B
- Notice of Suit-Scott 2513 5B
- Camden Jackson TWP-notice 2511 5B
- Sheriff Sale-Stingley 2513 5B
- NWISWD-Budget 2512 5B
- Brown Estate 2512d 6B

Questions concerning Indiana’s Open Door and Public Access Laws may be directed to the state’s public access office, at 1-800-228-6013.

## Web poll results

Should county leaders put time limits on agenda items?

Last Week’s Results:

Should county leaders put time limits on agenda items?

50% Yes

50% No

Total responses: 24

## Comment to June 14 poll question

I think it is fair to have a smoke-free environment! I never thought it was fair when the teachers were able to smoke in the teacher’s lounge and the kids couldn’t on school grounds. Whether they are of age or not to smoke, if teachers went to set a good example they should not be allowed to smoke in the building at all. They can wait until school is out. When I was in school (way back in the day) the teacher’s lounge was so smoky a person could not breathe without coughing or gagging as they walked by. The boy’s restroom was full of smoke while the girl’s restroom had a woman sitting in there to ensure the girls didn’t smoke. What happened? Schools got too lenient.

## Restaurant Inspections

Camden Midland Meals  
Routine inspection: 6/5/06  
Summary of violations: **No violations noted**

Flora Mid-Land Meals  
Routine inspection: 6/16/06  
Summary of violations: **No violations noted**

Carroll Manor  
Routine inspection: 6/15/06  
Summary of violations: **1 non-critical**  
A wet wiping cloth was not stored in sanitizing solution on the counter. Directed to correct by 6/15.

All-BBQ’s  
Routine inspection: 6/14/06  
Summary of violations: **No violations noted**

Brosman’s IGA  
Routine inspection: 6/13/06  
Summary of violations: **1 non-critical**  
1. Chicken in the deli refrigerator was not wrapped. Directed to correct by 6/13

ALCO  
Routine inspection: 6/12/06  
Summary of violations: **1 non-critical**  
Two ceiling attachments were missing. Directed to correct within one month

Graham’s Saloon  
Pre-operational inspection: 6/6/06  
Summary of violations: **No violations noted**

Bassett & Talbert’s Blimpie’s  
Routine inspection: 6/5/06  
Summary of violations: **2 non-critical**  
A food service employee was not wearing a hair restraint. Directed to correct by 6/5

2. A box of Danish was stored on the freezer floor. Corrected